



EXCLUSIVE PATENTED EASY-OFF FINS

lifting gloves



Schiek - The Gold Standard

platinum series

- Patented FINS for easy removal
- Washable
- Non-bleeding
- One-year warranty
- Durable non-slip padded palm and thumb
- 3/4 finger length
- Made of durable Amara synthetic leather



Model 530

Model 520 - Women's



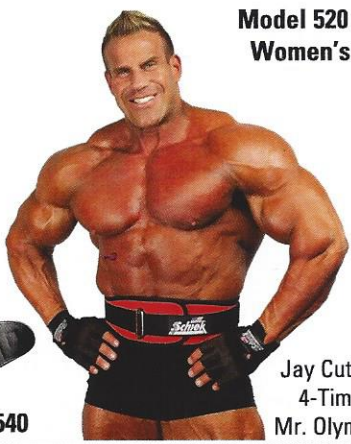
Model 540P - Women's



Model 520P Women's



Model 540



Jay Cutler, 4-Time Mr. Olympia



Jenna Renee Webb, Professional Fitness Model

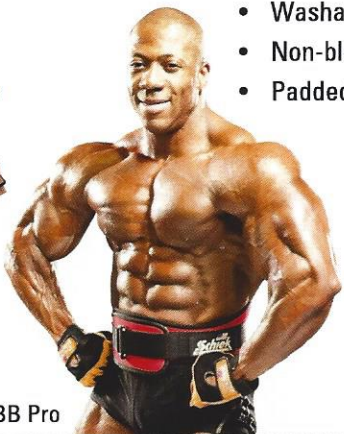


Renee Porter, Fitness Professional

power series

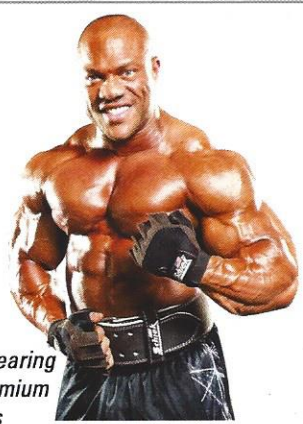
- Patented FINS for easy removal
- Washable
- Non-bleeding
- Padded thumb and palm area
- 1/2 finger length
- Made of durable Amara synthetic leather
- Available with (Model 425) or without (Model 415) wrist wraps

Model 415



Shawn Rhoden, IFBB Pro

Model 425



Phil shown here wearing the Model 715 Premium Series Gloves

Phil Heath, 4-Time Mr. Olympia

Platinum Series Glove

With our innovative easy-removal fins, you simply grab the fin extensions on top of the fingers and pull for easy release.

The Amara synthetic leather is a light, breathable material which combines the look and durability of leather with a machine-washable fabric that won't stretch.

Wet or dry, our unique rubberized Amara pad provides the perfect non-slip grip.

Our special Keystone Thumb feature provides for a much better fit around the thumb area.

The special 1/8" thick gel padding provides extreme comfort while also ensuring energy and vibration reduction.

Padded thumb area

Double-stitching provides additional reinforcement in critical areas.



Schiek gloves will not bleed color onto your skin.

power vs. platinum what's the difference?

The Platinum Series is our top-of-the-line lifting glove. All Platinum gloves offer rubberized supergrip, longer 3/4" finger length and gel thumb pad. Our Power Series are perfect for lifters looking for innovative features at an attractive price.

Platinum



Power



Covered under U.S. Patent 5,768,711

"My third pair. Best gloves I've ever owned. Customer for life!"
-Mark Zelenka, New Baltimore, MI

"Schiek products are a CUT above the rest. Train with the best quality gear!"
-Jay Cutler, 4-Time Mr. Olympia

quality • durability • comfort

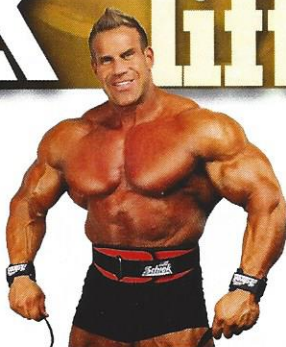


lifting straps

Schiek - The Gold Standard

"I trained with the Schiek 1000PLS straps even before turning pro. Train with the best!"

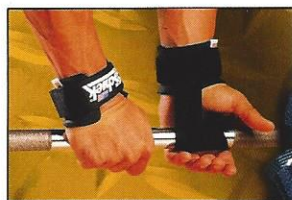
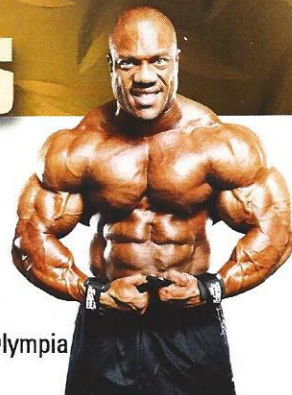
Jay Cutler,
4-Time Mr. Olympia



Michael Lockett,
All-Natural
Bodybuilder



Phil Heath,
4-Time Mr. Olympia



Model 1000-PLS



power lifting straps

- A deluxe 1/4" thick and 2 1/2" wide plush neoprene wrist support.
- 1-1/2" wide and 12" long nylon/acrylic webbing for optimum grip and durability.
- The strap is triple stitched perpendicular to the wrist support for secure and precise wrap around the bar.
- 1-1/2" wide rugged stainless steel buckle.
- Available in black or pink.

power lifting hooks



- 1/4" thick - 2-1/2" wide neoprene padded wrist support.
- Coated durable metal hooks for a secure grip.
- Great for Lat Pull Downs, Shrugs, Pull Ups, Low Rows and other back and shoulder exercises.



Model 1200

dowel lifting straps

**Model 1000
DLS**

- Same wrist support design as our padded lifting straps.
- 6" long nylon/acrylic strap with special die cut rubber dowel for a quicker grip.
- Dowel acts as a wedge between the hand and bar.
- Ideal for people that are uncomfortable using longer straps.
- Available in black or pink.



basic lifting straps



Model 1000-BLS

- Same durable 1-1/2" nylon/acrylic webbing as our deluxe straps.
- Full 20" length.

2" basic lifting straps



Model 1000-BLS2

- Extra-wide 2" strap for maximum grip.
- Full 20" length.
- Ideal for powerlifters and strong men.

basic padded lifting straps



Model 1000-BPS

- 1/8" neoprene padding for added comfort.
- Same design and durability as our basic lifting strap.

leather lifting straps



Model 1000-LLS

- Extra thick 1-1/2" wide natural leather.
- Full 21" length.
- Ideal for people who prefer leather.

"I found out about Schiek from gym members and seeing the gear on numerous weightlifters. Love the straps, now I can focus on working that body part rather than my grip. Thank You!"

-Justin Newton - Colorado

innovation • support • comfort • quality



THE ORIGINAL "SHAPE THAT FITS"

power gear

Schiek - The Gold Standard

elbow sleeve

- Made with breathable neoprene to expel moisture and reduce skin irritation.
- Provides Maximum Elbow Support.
- Washable.
- Available in S, M, L, & XL.
- Proudly Made in the USA!



Model 1136 ES

knee wraps

- Heavy duty cotton elastic for maximum support.
- Full 78" Length.
- 3" Width.
- Also available with Velcro closure
- Proudly made in the USA!

Black Line Schiek Line



Model 1178B



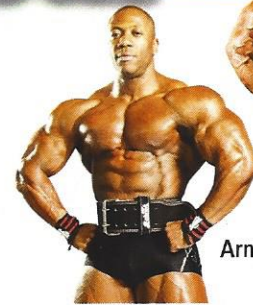
Model 1178



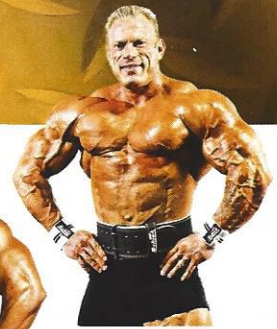
Jay Cutler,
4-Time Mr. Olympia

wrist wraps - Schiek line

- Thumb loop for easy/quick wrap.
- Heavy duty cotton elastic for maximum support.
- Extra wide hook and loop closure.
- 12" Model 1112, 24" Model 1124



Shawn Rhoden, IFBB Pro



Dennis Wolf,
Arnold Classic Champion

wrist wraps - black line

- Thumb loop for easy/quick wrap.
- Extra heavyweight cotton elastic for maximum support.
- Extra wide hook and loop closure.
- 12" Model 1112B, 24" Model 1124B

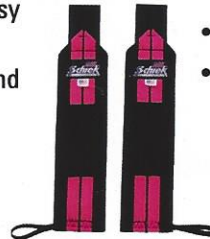


pink wrist wraps

- Thumb loop for easy wrap.
- Extra wide hook and loop closure.



Model 1112 P



wrist supports

- Non-stretch to ensure maximum support.
- 1/4" thick and 2 1/2" wide neoprene padding for extreme comfort.
- 2" extra wide outside strap for added support.
- 2" wide rugged steel buckle for a secure fit.



Model 1100

Schiek Rx knee sleeves



Model 1160CF

- Made of 5mm PLUSH neoprene for Superior Comfort and Amazing Support
- Available in Black or Hot Pink
- Sizes available: 1160 (S, M, L) 1170 (S, M, L, XL, XXL)



Model 1170CF

knee bands

- Made with 1/4" thick. Neoprene - Comfortable & stretchable
- Provides maximum support to stabilize the knees.
- Provides warmth to improve circulation.
- Washable.
- High quality - double stitched.
- Can be used as elbow sleeves.
- Perfect for squats

Model 1140KS

Tommy Kono designed and approved



knee sleeves

- Made with 4mm perforated neoprene to expel moisture and reduce skin irritation.
- Provides excellent knee support.



Model 1150KS

"I bought the Schiek Power Sleeves. I will endorse your products till the end.

I recommend Schiek products to everyone I meet."

-Branon Uyeda - Honolulu, Hawaii

innovation • support • comfort • quality



THE ORIGINAL TRIPLE PATENTED workout belts

**Workout and
Wear What the Pros Wear!**



Model 2004 – 4¾" width in back
Model 2006 – 6" width in back



Ladies' Model 2004 Pink
4¾" width in back



Model 3004 – 4¾" width in back
Our "Power Nylon Belt"
Extra firm with reinforced neoprene
Available in black only



*"Schiek helps me lift harder,
smarter, & safely. I never
train without them!"*
Jenna Renee Webb,
Professional Fitness Model



*"There is no substitute
for Schiek!"*
Phil Heath,
4-Time Mr. Olympia



*"Schiek products are a
CUT above!"*
Jay Cutler,
4-Time Mr. Olympia

compare

schiek advantages

Patented Shape

Schiek belts form a cone shape essential for the perfect fit. All other belts create a cylinder and do not fit your body properly.

Ordinary Belt

New Patented Hip and Rib Contour

Provides ultimate comfort and flexibility. Ordinary belts dig into the hips and ribs and cause discomfort.

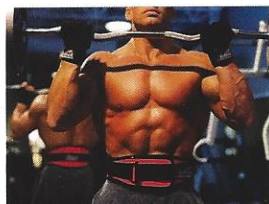
Patented One-Way Velcro® Closure

Amazing One-Way Velcro® allows belt fastener to slide in one direction only for quick and exact fit. Unlike belts with buckles, the Schiek belt can be easily adjusted to the perfect tension during a workout.



Special Lumbar Insert

Reinforces the natural shape of the spine. Other Nylon belts flex in this area where additional support is needed.



Dual Support

Schiek belts are designed to support BOTH the lower back and abdominal area. The abs are the key to complete lower back support and no other belt offers the dual support of Schiek.

sizing

Select the size best for you:

Size: X-Small	Small	Medium
Waist: 24" - 28"	27" - 32"	31" - 36"
Size: Large	X-Large	XX-Large
Waist: 35" - 41"	40" - 45"	44" - 50"

Custom Sizes Available (Black Only):

Size: XXX-Large	XXXX-Large	XXXXX-Large
Waist: 50" - 54"	53" - 58"	57" - 62"
\$7.50 extra	\$15.00 extra	\$22.50 extra

Colors Available for Models 2004 & 2006:



Red



Black



Green



Royal Blue



Navy



Purple



Pink



Neon Yellow



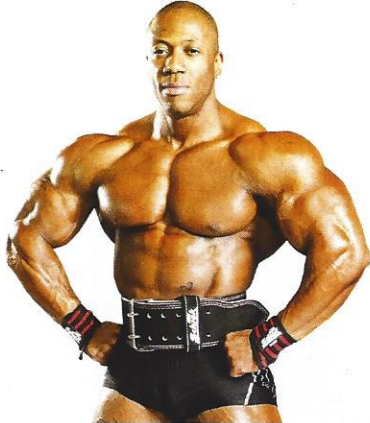
Camo

Made with pride in the USA.

innovation • support • comfort • quality

The Schiek Difference

Workout and Wear What the Pros Wear!



Shawn Rhoden, IFBB Pro

dip belts

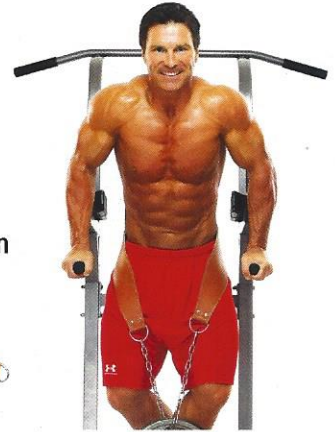
- 7" wide padded back.
- Incorporates Schiek patented taper on the sides.
- Heavy gauge steel chain and carabineer.



Model L5008 - Genuine Leather



Model B5008 - Black Amara



Clark Bartram, Fitness Professional

power leather contour belt



Model L2004 - 4 3/4" width in back



Model L2006 - 6" width in back

- Same shape as our Model 2004/2006.
- Double prong stainless steel buckle.
- Copper rivets.
- Padded lumbar insert.

competition power belt

- Heavy duty construction.
- 9mm thick and 10cm wide Suede Leather.
- Stainless Steel buckle.
- Competition legal.

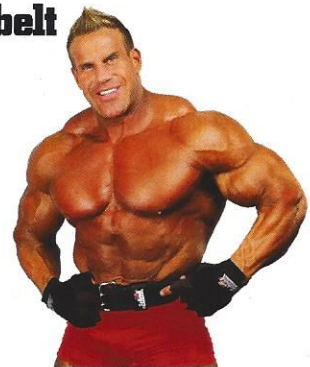


Model L6010 - Dual Prong
Model L6011 - Single Prong



Jay Cutler custom belt

- Made of quality 100% Genuine Leather.
- Jay's custom logo embroidered on back.
- Personally designed by Jay.



Jay Cutler, 4-Time Mr. Olympia

power lever belt

- Heavy duty construction.
- 9mm thick and 10cm wide Suede Leather.
- Heavy duty lever closure system.
- Competition legal.



Model L7010



Model J2014



"Most scientific literature suggests that weight belts can help to prevent injuries."

-Jeffrey E. Lander, Ph.D.



EXCLUSIVE PATENTED EASY-OFF FINS lifting gloves



premium series

Model 715



- Patented FINS for easy removal
- Guaranteed not to bleed
- Machine washable
- Rubberized non-slip grip
- Padded reinforced thumb area



Jay Cutler,
4-Time Mr. Olympia

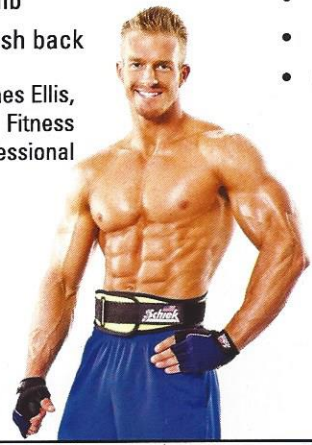
cycling - cross-training gloves

- Patented "Easy-Off" FINS
- Gel Padding
- Washable - non-bleeding
- Reinforced thumb
- Terry cloth / mesh back



Model 510

James Ellis,
Fitness Professional



model 900GPS grip pads

- Extra heavy duty rubberized grip pad
- Protects hands from calluses and blisters
- One size fits most



Glove sizing chart



Measure around hand across the center of the palm for correct sizing

XS: 6-7"	S: 7-8"	M: 8-9"
L: 9-10"	XL: 10-11"	XXL: 11-12"



Deluxe Gym Bag

- Made of durable polyester.
- Multiple compartments on sides and front.
- Gym Bag measures 22" long by 10" wide by 12" high.
- Available in Black or Navy Blue



Cap

- 100% Cotton.
- Made in USA.
- Adjustable Velcro Closure.
- Available in Red or Black.



Poly HD T-Shirts

- 100% Polyester
- Print will not crack or fade and has no feel to the printed area
- Silver or White Color
- Available in Women's (XS-M) or Men's (S-3XL)

Schiek - The Gold Standard

quality • durability • comfort